

2026 ROCK AWARDS PROGRAM

*"Recognizing Outstanding Performance and Achievements
Among Our Industry Leaders in NL"*

AWARD CATEGORIES

MEMBERSHIP
RECOGNITION

PROVINCIAL
SAFETY

GENERAL
CONTRACTOR
EXCELLENCE

SUBCONTRACTOR
EXCELLENCE

SUPPLIER
EXCELLENCE

PROFESSIONAL
SERVICES
EXCELLENCE

WOMEN IN
INFRASTRUCTURE
EXCELLENCE

COMMUNITY LEADER -
INDIVIDUAL

HALL OF FAME



Presented by:

NLCA
Newfoundland & Labrador Construction Association

**DEADLINE FOR AWARD SUBMISSIONS:
FRIDAY, SEPTEMBER 25TH, 2026**



**THE JAG HOTEL
115 GEORGE ST WEST, ST. JOHN'S**

CONTACT US:

397 STAVANGER DR., SUITE 202, ST. JOHN'S, NL A1A-0A1
PHONE: 709-753-8920 • EMAIL: ABYRNE@NLCA.CA

**NOMINATION FORMS ARE ALSO
AVAILABLE ONLINE WWW.NLCA.CA**

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2026 ROCK AWARDS PROGRAM



The Newfoundland and Labrador Construction Association's Provincial Awards Program is designed to honour and pay tribute to the outstanding contributions made by the people and the companies that make up the construction industry in Newfoundland & Labrador. The leadership and determination to excel is evident by the recipients of these awards and it serves as an inspiration for all in the construction industry.

NLCA encourages all worthy companies – big or small – and all deserving individuals to put forward their name, or the name of a colleague, for one of NLCA's Provincial Awards.

Nomination forms and specific terms of reference for each award are included in this package. If your firm is submitting for an award, please provide a separate document outlining the criteria.

Entries are evaluated by the awards judging committee based on a point system. This committee consists of three experts/leaders in the field related to the award in question.

If in the opinion of the committee that a suitable candidate has not been nominated, the award shall not be presented.

All awards will be presented at NLCA's Annual Chairperson's Ball & Awards Gala on **Saturday, November 7th, 2026 at the Jag Hotel, St. John's.**



*Check your weekly bulletin for
2026 Awards Gala &
Women in Construction Professional
development forum details!*

2026 ROCK AWARDS PROGRAM



1. COMPLETE YOUR SUBMISSION:

Complete the Nomination Form in this document and submit the project narrative using the judging criteria requirements specific to each award.

2. ASSEMBLE PHOTOGRAPHS:

If you don't have suitable photos, contact the architect, design professional, engineer and/or the owner as they usually have photos of the project at various stages, including completion.

3. MEET THE DEADLINE:

Your completed Submission Package must be sent no later than **Friday, September 25th, 2026 to:**

Newfoundland & Labrador Construction Association
397 Stavanger Drive, Suite 202
St. John's, NL A1A 0A1

Or e-mail your package to: abyrne@nlca.ca
Subject line MUST read "NLCA 2026 Award Submission".



3 easy steps
to a successful
completion of your
submission



SUBMISSION PACKAGE REQUIREMENTS:

1. Completed Nomination Form

Please use the form provided in this document included with the award that your firm is applying for.

2. Submission Narrative (*if applicable*)

Unless otherwise indicated in the judging requirements, all submissions shall not be longer than 5 pages in length and can be forwarded in electronic format using a Times New Roman 12 point font or in type format. The narrative shall include a company/individual biography AND information based on the judging requirements criteria specific to each award as listed on the following pages.

3. Photographs (*if applicable*)

A maximum of 5 photographs of the nominated person/project will be accepted for each entry (*both printed and/or digital pictures will be accepted*). Unless otherwise indicated, photographs will not be returned. Applicants must obtain the rights from their photographer to reprint the photographs without limitations.

2026 ROCK AWARDS PROGRAM



PROVINCIAL SAFETY AWARD

This award was created to recognize an individual company's demonstrated achievements and commitments in the pursuit of safety in the construction workplace in Newfoundland and Labrador.

Nominations can be made by NLCA integrated, mixed or affiliated trade associations, as well as individual NLCA member firms, as a further recognition for their local successes in the area of safety. The Award recognizes achievements in program development, staff training, industry contribution, as well as safe work record accomplishments.

NOMINATION FORM

NOMINATED COMPANY: _____

POINT OF CONTACT: _____

COMPANY ADDRESS: _____

PHONE: _____ EMAIL: _____

SUBMITTED BY: _____ FIRM NAME: _____

(OPTIONAL)

SUBMISSION REQUIREMENTS

1. Experience - Maximum 15 Points

- a. Please provide the **firms 3-year Injury Report (2023, 2024, 2025) from Workplace NL**. This can be requested by emailing safety@workplacenl.ca
- b. **Please provide your firm's Enforcement Inspection History for the last 3 years (2023, 2024, 2025) from Government Services, Occupational Health and Safety Division with the Government of Newfoundland and Labrador.** This will include the number of inspections, directives and stop work orders on record for the company and should be requested by emailing Corey Rudderham at coreyrudderham@gov.nl.ca. Request must be on company letterhead and/or email must include all company information. *Please allow up to two weeks for processing.*

c. **Total Recordable Injury Frequency (TRIF)**

Please provide the following information:

Total recordable injuries YTD to June 30th, 2026 _____

Total Hours worked YTD to June 30th, 2026 _____

TRIF = (# of recordable injuries x 200,000) divided by (total hours worked)

Recordable Injury:

- Fatality
- Lost time injury
- Restricted or modified work (ESRTW)

submission requirements continued on next page...

2026 ROCK AWARDS PROGRAM



PROVINCIAL SAFETY AWARD

SUBMISSION REQUIREMENTS

submission requirements continued on next page...

2. Health and Safety Communication - Maximum 10 Points

In the construction industry, toolbox talks are one of the most common methods of communicating health and safety information to workers.

- a. **Provide written confirmation of the required frequency of tool box talks** (daily, weekly, monthly) for your company. this might be a written statement, company policy, meeting schedules etc.
- b. **Provide a sample of completed toolbox talks** (with workers signatures) to support that the company met this requirement in 2026. A minimum of 1 month must be submitted from June 2025 - June 2026. For seasonal operations, please provide clarification if the company was not in operation for a period of time.

3. Health and Safety Management - Maximum 25 Points

A health and safety management system is a framework that assists an organization continually improve its health, safety and environmental performance. A management system improves your ability to identify and remove hazards and as such decreases health and safety risk at the workplace. Regular auditing of your management system can help to ensure compliance and also identify both strengths and weaknesses in the health and safety program.

- a. **Construction companies**
 - i. A copy of the firm's most recent external audit report under the Certificate of Recognition (COR)[®] Program from the Newfoundland and Labrador Construction Safety Association (NLCSA) and a valid letter of good standing under the COR[®] Program must be provided by the NLCSA. To request that these documents be forwarded to the NLCA, email info@nlcsa.com.
- b. **Non-construction** (*i.e. suppliers, non-construction service providers. If unsure, please contact the NLCA.*)
 - i. Please provide proof that the organization has established a health and safety management system (table of contents of OHS Program). If COR[®] Certified, please follow process identified (i.) above. If not COR[®] certified, provide proof of 3rd party certification (*i.e. ISO 45001*).

4. Health and Safety Education - Maximum 15 Points

Education and training can provide workers, supervisors, managers and leaders with the knowledge and skills to do their jobs safely. Ensuring workers complete regulatory health and safety training (*i.e. Fall Protection, OHS Committee Training etc.*) is a minimum training expectation of the law. An organization with a strong commitment to education and training explores other learning opportunities to increase health and safety awareness for all workplace parties.

- a. **Provide evidence of on-going commitment to safety education and training.** What is the organization doing over and above the requirements of the OHS Legislation? Please provide supporting documentation (*i.e. List of training courses; training matrix; description; percentage of workforce/group trained. (i.e. 90% of all supervisors completed incident investigation training, 15% of total workforce completed Mental Health First Aid Training etc.)*)

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PROVINCIAL SAFETY AWARD

SUBMISSION REQUIREMENTS

5. Psychological Health and Safety, Mental Health and Employee Wellness Mental Health - Maximum 15 Points

A psychologically healthy workplace is a respectful and productive environment that makes every reasonable effort to promote and protect the mental health of employees.

- a. **Provide evidence of the organization's commitment to mental health and employee wellbeing.** What initiatives has your firm undertaken and established in the workplace for mental health and wellness? I.e: Tool-box talks; training; mental health and wellness programs & supports. Please provide examples and supporting documentation.

6. Health and Safety Initiatives - Maximum 10 Points

Organizations with a strong commitment to health and safety, regularly set health and safety goals in an effort to address identified trends. Actions or initiatives are identified and measured to evaluate effectiveness.

- a. **Please provide evidence of any health and safety initiatives undertaken in 2025/ 2026. This might include the introduction of an innovative tool or process, health and promotion.**

Please include:

- i. The need that was identified,
- ii. The action or initiative undertaken
- iii. How the organization is monitoring and measuring the success/effectiveness of the initiative
- iv. Documentation to support that the above has taken place (i.e. meeting minutes, trend analysis, surveys etc.)

7. References - Maximum 10 points

- a. **Please provide two letters of recognition for your firm's safety performance**, provided by clients, on their firm's company letterhead; signed and dated within a 12 month period prior to the award deadline of September 25, 2026.

***Submissions for this award can be greater than 5 pages, based on the criteria outlined.
Good Luck with your submission!***

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



WOMEN IN INFRASTRUCTURE AWARD OF EXCELLENCE

This award was created to recognize an individual who identifies as female and has demonstrated achievements and commitments in the pursuit of excellence in the construction industry in Newfoundland and Labrador.

Nominations can be made by NLCA integrated, mixed or affiliated trade associations, as well as individual NLCA member firms, as a further recognition for their successes in excellence.

The Award recognizes achievements in program development, supporting women, industry contribution, as well as other accomplishments.

SUBMISSION REQUIREMENTS

NOMINATION FORM

NOMINATED INDIVIDUAL: _____

MEMBER FIRM EMPLOYED WITH: _____

NOMINATION SUBMITTED BY: _____ FIRM NAME: _____
(OPTIONAL)

SUBMISSION REQUIREMENTS

Please kindly submit biography outlining:

- a paragraph on your path to the Construction Industry
- initiatives, programs, and/or supports that you have participated in or implemented to empower other Women in the Industry
- initiatives, programs, and/or supports that you have participated in or implemented to empower other Women, especially youth, to join the construction industry
- discussion on or examples of instances where you have been an advocate for Women in Industry
- volunteer work and/or community involvement

Also, please kindly submit a short paragraph summarizing your biography, that will be read out at the NLCA Annual Awards Gala to acknowledge your nomination.

Nominees must be employed by a member firm in good standing.

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



GENERAL CONTRACTOR AWARD OF EXCELLENCE

The General Contractor Award of Excellence is presented to a NLCA contractor in recognition of the commitment and dedication in support of Newfoundland and Labrador's construction industry and, in particular, the pursuit and promotion of excellence in the General Contractors sector of the industry.

SUBMISSION REQUIREMENTS

Nominees will be a General Contractor member of the Newfoundland and Labrador Construction Association who has made an outstanding contribution to the Newfoundland & Labrador's Construction Industry.

NOMINATION FORM

NOMINATED COMPANY: _____

POINT OF CONTACT: _____

COMPANY ADDRESS: _____

PHONE: _____ EMAIL: _____

SUBMITTED BY: _____ COMPANY NAME: _____
(OPTIONAL)

SUBMISSION REQUIREMENTS

A biography that may include but is not limited to:

- Brief description of projects completed in the province of NL in 2026
- Company history
- Nominee's contribution to the construction industry within the past 12 months
- Involvement in NLCA events, committees, seminars, etc. within the last 12 months

This biography should be a minimum of 3 pages in length. (100 Points)

Good Luck with your submission!

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



SUBCONTRACTOR AWARD OF EXCELLENCE

This award was created to recognize member firms who have demonstrated achievements and commitments to the advancement of high quality commercial and industrial construction through the supply of first-rate products and services and high quality construction in the trade areas.

SUBMISSION REQUIREMENTS

This award is presented to an active subcontractor who has shown outstanding skill in their craft and in the provision of products and services.

NOMINATION FORM

NOMINATED COMPANY: _____

POINT OF CONTACT: _____

COMPANY ADDRESS: _____

PHONE: _____ EMAIL: _____

SUBMITTED BY: _____ FIRM NAME: _____
(OPTIONAL)

SUBMISSION REQUIREMENTS

- A brief description outlining membership and industry involvement within the past 12 months *(30 Points)*
- List of projects completed in NL with NLCA member firms in 2026 *(30 Points)*
- Promotion of NLCA in marketing materials *(15 Points)*
- Provide two customer testimonials expressing their satisfaction, as well as contact details for these customers. They must be on company letterhead; signed and dated within a 12 month period prior to award deadline (at least one should be an NLCA member firm). *(25 Points)*

Good Luck with your submission!

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



SUPPLIER AWARD OF EXCELLENCE

This award was created to recognize member firms who have demonstrated achievements and commitments to the advancement of high quality commercial and industrial construction through the supply of first-rate products and services and high quality construction in the trade areas.

SUBMISSION REQUIREMENTS

This award is presented to an active supplier who has shown outstanding skill in their craft and in the provision of supplying products and/or services.

NOMINATION FORM

NOMINATED COMPANY: _____

POINT OF CONTACT: _____

COMPANY ADDRESS: _____

PHONE: _____ EMAIL: _____

SUBMITTED BY: _____ FIRM NAME: _____
(OPTIONAL)

SUBMISSION REQUIREMENTS

- A brief description outlining membership and industry involvement within the past 12 months *(30 Points)*
- List of projects completed with NLCA member firms in 2026 *(30 Points)*
- Promotion of NLCA in marketing materials *(15 Points)*
- Provide two customer testimonials expressing their satisfaction, as well as contact details for these customers. They must be on company letterhead; signed and dated within a 12 month period prior to award deadline (at least one should be an NLCA member firm). *(25 Points)*

Good Luck with your submission!

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



PROFESSIONAL SERVICES AWARD OF EXCELLENCE

This award was created to recognize member firms that exemplify professionalism and integrity. This category includes, but is not limited to: law, accounting, financial, insurance, real estate, consulting, post-secondary, marketing and other professional service providers.

SUBMISSION REQUIREMENTS

The recipient has demonstrated their achievements and their commitments to supporting member firms & the industry by providing them with first-rate services to help them remain competitive in a global market place. This award is presented to an active professional services member firm who has shown outstanding skill in their craft and in the provision of supplying services.

NOMINATION FORM

NOMINATED COMPANY: _____

POINT OF CONTACT: _____

COMPANY ADDRESS: _____

PHONE: _____ EMAIL: _____

SUBMITTED BY: _____ FIRM NAME: _____
(OPTIONAL)

SUBMISSION REQUIREMENTS

- Provide a description outlining your firm's services, membership and industry involvement; highlighting any notable achievements within the past 12 months (60 Points)
- Promotion of NLCA in marketing materials (15 Points)
- Provide two customer testimonials expressing their satisfaction, as well as contact details for these customers on company letterhead; signed and dated within a 12 month period prior to award deadline (at least one should be an NLCA member firm). (25 Points)

Good Luck with your submission!

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



MEMBERSHIP RECOGNITION AWARDS

The purpose of the Recognition Awards is to recognize companies which have been members of the Newfoundland & Labrador Construction Association for a minimum of ten years, as of 2015.

Companies with membership of 10, 15, 20, 25, 30, 35, 40, 45, 50 & 55 years will be presented with an award at NLCA's Annual ROCK Awards Gala.

SUBMISSION REQUIREMENTS

Members will receive recognition for the longest term only, for example, if you have been a member for 22 years, you will receive the 20 year recognition only.

NOMINATION FORM

COMPANY NAME: _____

POINT OF CONTACT: _____

COMPANY ADDRESS: _____

PHONE: _____ EMAIL: _____

AWARD APPLIED FOR: ☐ 10 YEARS ☐ 15 YEARS ☐ 20 YEARS ☐ 25 YEARS ☐ 50 YEARS
☐ 30 YEARS ☐ 35 YEARS ☐ 40 YEARS ☐ 45 YEARS ☐ 55 YEARS

*Please include dates of years of membership
- the total years can be cumulative
(ie: 1998 to 2001 = 4 years and
2003 to 2009 = 6 years, total being 10 years)*



SUBMISSION REQUIREMENTS

To be eligible for the awards, you must have been an NLCA member, with a minimum of ten (10) year membership. You are eligible to receive each individual award only once.

If your company has changed names, but maintained NLCA membership, please provide supporting documents of name change (ie: year of change, previous and current names, and reason for name change, etc.). If you wish to apply for Membership Recognition Award, please complete the form above.

The deadline date to apply is Friday, September 25, 2026.

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.



2026 ROCK AWARDS PROGRAM



COMMUNITY LEADER AWARD (INDIVIDUAL)

*"How wonderful it is that nobody
need wait a single moment before
starting to improve the world."
~Anne Frank*

Are you, or do you know **an INDIVIDUAL** who is an owner or employee of an NLCA member firm, who has dedicated their time and efforts to improving their community and to making a difference in the lives of others **in 2026**?

Help us by sharing stories of individuals who are committed to making a difference. Their actions can inspire other member firm representatives to do the same, helping us build a better community.

Submissions MUST be based on the efforts of an individual!

NOMINATION FORM *NLCA will make a \$2,000 donation to the recipient's charity of choice!*

NOMINATED INDIVIDUAL: _____

MEMBER FIRM (COMPANY): _____

COMPANY ADDRESS: _____

PHONE: _____ **EMAIL:** _____

SUBMITTED BY: _____ **FIRM NAME:** _____
(OPTIONAL)

SUBMISSION REQUIREMENTS

- Provide an essay highlighting examples and descriptions of participation in events or activities that have had an indelible impact on a community/province in 2026. Explain how your dedication and involvement helped achieve desired goals. (70 Points)
- Provide two letters of personal reference, as well as contact details, outlining contributions (30 Points)

Charity of Choice: _____

**CHEQUE PRESENTATION FOR CHARITY WILL TAKE PLACE AT THE CHAIRPERSON'S BALL &
ANNUAL AWARDS GALA ON NOVEMBER 7th, 2026 AT THE JAG HOTEL, ST. JOHN'S.**

Submit to: NLCA Awards Committee, c/o Adelle Byrne
Email: abyrne@nlca.ca or drop off to the NLCA office.

